



INDIVIDUAL FOLKSTYLE WRESTLING TOURNAMENT

GreenState Family Field-house
811 E 2nd Ave.
Coralville, IA 52241
Sunday October 18 2026

 Iowa Barn Battle
Wrestling Tournament

SPONSOR: BARBARIAN APPAREL



TOURNAMENT SCHEDULE

SATURDAY, OCT. 17

6:00pm

Doors open

6:00pm - 7:00pm

Early optional weigh-in for all
ages (\$10 per wrestler)

SUNDAY, OCT. 18

6:00am

Doors open

6:00am-7:00 am

Free weigh-ins for all ages

8:00am

Wrestling start time for FEMALE DIVISIONS

9:00am-10:00am

Second free weigh-in, boys divisions only

11:45am

Wrestling start time for MALE DIVISIONS

GIRLS INDIVIDUAL DIVISIONS + WEIGHT CLASSES

AGE DIVISION	MATCH TIME	START TIME	WEIGHT CLASSES
6 and under	1-1-1	8:00am	35, 40, 45, 50, 55, 60, 65, 70, 100
8 and under	1-1-1	8:00am	40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 140
10 and under	1-1-1	8:00am	50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 115, 130, 170
12 & Under	Champ: 1:30-1:30-1:30 / Cons: 1-1-1	8:00am	60, 65, 70, 75, 80, 85, 90, 95, 100, 110, 120, 130, 140, 160, 180, 215
14 & under	Champ: 1:30-1:30-1:30 / Cons: 1-1-1	8:00am	70, 75, 80, 85, 90, 95, 100, 105, 115, 125, 135, 145, 155, 170, 190, 215, 245
Ages 15-18	Champ: 1:30-1:30-1:30 / Cons: 1-1-1	8:00am	95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 215, 245
Women's Open (Ages 19+)	Champ: 1:30-1:30-1:30 / Cons: 1-1-1	8:00am	103, 110, 117, 124, 131, 138, 145, 160, 180, 215, 245

BOYS INDIVIDUAL DIVISIONS + WEIGHT CLASSES

AGE DIVISION	MATCH TIME	START TIME	WEIGHT CLASSES
6 and under	1-1-1	11:45am	35, 40, 45, 50, 55, 60, 65, 70, 100
8 and under	1-1-1	11:45am	40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 140
10 and under	1-1-1	11:45am	50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 115, 130, 170
12 & Under	Champ: 1:30-1:30-1:30 / Cons: 1-1-1	11:45am	60, 65, 70, 75, 80, 85, 90, 95, 100, 110, 120, 130, 140, 160, 180, 215
14 & under	Champ: 1:30-1:30-1:30 / Cons: 1-1-1	11:45am	70, 75, 80, 85, 90, 95, 100, 105, 115, 125, 135, 145, 155, 170, 190, 215, 285
Ages 15-18	Champ: 1:30-1:30-1:30 / Cons: 1-1-1	11:45am	100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 295
Men's Open (Ages 19+)	Champ: 1:30-1:30-1:30 / Cons: 1-1-1	11:45am	125, 133, 141, 149, 157, 165, 174, 184, 197, 225, 295

TOURNAMENT RULES + INFORMATION

AWARDS

- Custom Medals 2nd-8th Place.
- Individual Champions receive a Custom Belt Buckle and a Custom BABY PIG TROPHY.
- Overall Team Champions in each Boys and Girls Age Divisions will win a Custom Champion Banner!
- **PRIZE**- The club that brings the most wrestlers to the Iowa Barn Battle will receive 14 FREE Singlets! Tie goes to the club with most overall points. Order is only valid if ordered 30 days after the event.

ENTRY FEE + REGISTRATION

- Individual Online entry: \$40 plus processing fees
- Online entry ends October 16 at 8:00pm, No Refunds!
- Walk-ins entry fee is \$60 (cash only!)
- Your registration is not complete until payment is received.
- Register online only at www.trackwrestling.com and search: "Iowa Barn Battle 2026"

MATCHES

- Matches will run time as listed.
- Certified Wrestling Officials.
- Will follow The New N.F.H.S Rules for all Divisions.
- Will run I.H.S.A.A. Middle School Overtime (1 min. Neutral position - 1st O.T. first takedown wins - if still tied 2nd O.T. :30 second ultimate tiebreaker. No reviews!)
- Decisions of the referee will be final.
- Good Sportsmanship is a must for spectators, coaches and wrestlers!

ADDITIONAL INFO

- Female division participants must be biological females as stated on the participant's birth certificate.
- Biological males may not participate in female divisions.
- We reserve the right to combine or split weight classes.
- It is the responsibility of the parent and coach to determine if a wrestler should safely participate.
- You may forfeit or withdraw your wrestler at any time over safety concerns.
- No Card Needed for this tournament!
- Not responsible for lost items or liable for accidents/injuries.
- For each wrestler only 2 coaches are in the corner for matches!
- We will have an athletic trainer on staff.
- Wrestling headgear not required!
- Wrestlers can bring small coolers for drinks and snacks!
- Parents and fans can not bring in coolers!
- **FORMAT**: Double Elimination – Referee decisions final!

ADMISSION

- Fans = \$10 per person (Cash only!)
- 5 year old and younger = FREE!
- Coaches Pass = \$20 per person (Cash & Payment at the door only!)
- You can bring chairs with rubber legs (No metal legs)
- We will have a Concession & Apparel Stand Open (Cash only! No Refunds!)

WEIGH-INS

- We will provide a check scale. The check scale is not the official weigh-in! We only allow a wrestler to step on the official scale once.
- **This is a ONE TIME WEIGH-IN!** Weigh-ins will be held at the tournament site.
- We will have skin and nail checks! If you have a skin condition, bring a note from the doctor that it is not contagious or you will be scratched!
- **NO WEIGHT ALLOWANCE!** All wrestlers must wear singlets or two piece uniforms at weigh-ins!
- Wrestlers are not required to make the weight they register at in order to participate. If they are below or above their registered weight, they will automatically be bumped down or up a weight, at NO additional cost.

DOUBLE BRACKETING

- Wrestlers can wrestle in two divisions.
- Wrestlers can only move up a division, they cannot move down.
- If you wrestle in two divisions, you take on the risk of having two matches at the same time. We will NOT hold up any matches.
- If you wrestle in two divisions, you will have to register twice and pay two registration fees. You will also have to pick up two weigh-in cards.

AGE-BASED DIVISIONS

- This tournament's divisions will be determined by your child's age on the day of the tournament.
- If your child is 6, they will wrestle in the 6 and under division. If your child turns 7 on the day of the tournament, they will wrestle in the 8 and under division.
- **PROOF OF AGE**: We ask that everyone have proof of age on them in case someone challenges. A Birth Certificate would work best. A good way to handle this is to take a picture of the document so you have it on your phone whenever someone questions age.
- To challenge a wrestler's proof of age = \$100 per challenge.